



JESUS CHANGES EVERYTHING

PARENT CUE • PRETEEN • Week of April 19th

Use this guide to help your family learn how God can help us live with humility.

First, watch this video

<https://bit.ly/PreteenUpsideDownWeek3>

Then follow up with the activity below!

MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.”

Philippians 2:3 (NIV)

LIFE APP

HUMILITY:

putting others first by giving up what you think you deserve

BIBLE STORY

Lean on Me

(Servant Principle)

Philippians 2:3-8

KEY QUESTION

What keeps you from putting others first?

ACTIVITY: UPSIDE DOWN

WHAT YOU NEED:

notecards or scraps of paper
pens/pencils
Bible

WHAT YOU DO:

Look up Philippians 2:3-8 in the Bible. Work together as a family to write each verse in your own words, one sentence/phrase per index card. Then, for each card you have, come up with one way to “be upside down.” You could lean off your bed so your head’s hanging down . . . someone could do a handstand while someone holds their feet up . . . you could do a backbend with your arms and feet on the floor—anything goes as long as it’s (relatively) safe and approved by at least one responsible adult!

Take turns “going upside down” and attempting to say one phrase from the verse. Once you get the hang of it, take turns performing an upside-down trick and saying one of the verse phrases, going as quickly as you can from one trick to another. See how quickly you can say the entire verse while doing the upside-down tricks!

Talk about the Bible story:

- How did Jesus turn things “upside down” when He died on the cross for us? (It’s not natural to put someone else ahead of yourself, especially not in such a big way)
- What does it mean to “value” someone else more than yourself? (To put their needs ahead of your own)
- How does it feel when someone puts you first in a big way?
- What keeps you from putting others first sometimes? What can you do about that?

PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

“God, it’s really hard to put others first. Most of the time, we want to make sure we’re doing what WE want to do and getting our own way. But when You sent Jesus to die for us, You turned that thinking upside down! Especially as we have a lot more time together than we normally do, please help us to always be thinking about how to put someone else ahead of ourselves. In Jesus’ name we pray. Amen.”



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